

SSC Sailing Instructions

1.0 Rules

Racing will take place under the Racing Rules of Sailing 2009-2012 (RRS), the prescriptions of the RYA, these sailing instructions and the rules of the appropriate Class Associations. All races will be designated Category B unless designated otherwise by the Class Associations.

2.0 Conditions of Entry

2.1 General

The safety of the yacht and her entire management including insurance shall be the sole responsibility of the owner/competitor racing the yacht who must ensure that the yacht and crew are adequate to face the conditions that may arise in the course of the race. Neither the establishment of these Sailing Instructions nor the inspection of the yacht under these conditions in any way limits or reduces the absolute responsibility of the owner/competitor for his/her crew, his/her yacht and the management thereof. The race organisers shall not be responsible for any loss, damage, death or personal injury howsoever caused to the owner/competitor, his/her skipper or crew, as a result of their taking part in the race or races. Moreover, every owner/competitor warrants the suitability of his/her yacht for the race or races.

2.2 Measurement Certificates

Only under exceptional circumstances will RRS 78.2 be applied.

2.3 Measurement

Yachts may be measured before or after any race at the discretion of the race committee.

2.4 Distinguishing Numbers

Under exceptional circumstances, and provided that class rules allow, the race committee may permit a yacht to use sails carrying a distinguishing number other than that required by ISAF Appendix G.

2.5 Insurance

All helmsmen must be fully insured against third party claims and shall sign a declaration to this effect on the entry form for each race.

2.6 Personal Flotation Devices (Personal Buoyancy)

Adequate personal flotation devices for all crew members shall be worn at all times. Neither a wet-suit nor a dry suit nor certain types of trapeze harness with buoyancy either individually or combined constitute adequate personal buoyancy. This alters RRS 40.

2.7 Anchors

All yachts are advised to carry anchors and sixty feet of warp although this is not mandatory. If necessary people shall be recovered before yachts.

2.8 Entries

Helmsmen must enter their name and sail number on the race entry sheet located at the course information board 20 minutes before the start of their race.

2.9 Retirements

Competitors retiring are required to indicate their retirement on the retirement board hanging from the bridge immediately on coming ashore

3.0 Notices to Competitors

Notices to competitors will be posted on the official notice board located on the terrace at the entrance to the clubhouse.

4.0 Changes in Sailing Instruction

Any changes in sailing instructions will be posted for one hour before the advertised start of the race or races concerned. Changes in the sailing instructions will be indicated by displaying International Code (IC) flag "L" and a numeral pennant signifying the number of notices posted. When no further changes have been made, IC flag "L" will be lowered after the start of the last race of that day.

5.0 Signals made ashore

Signals made ashore will be hoisted at the clubhouse bridge.

6.0 Start Times

Except where otherwise stated in the Sailing Programme, points races will start at the time in the programme and then at 5 minute intervals in the following order;

- Class 1 - Squibs**
- Class 2 - Asymmetric Catamarans**
- Class 3 - Symmetric Catamarans**
- Class 4 - Fast Dinghies**
- Class 5 - Slow Dinghies**
- Class 6 - Cadets & Toppers**
- Class 7 - Oppies**

Spring Series

A.M.

11.00 Class 2 & 3
 11.05 Class 1 & 4 & 5
 11.10 Class 6
 11.15 Class 7

P.M.

TBA Class 2 & 3
 TBA Class 1 & 4 & 5
 TBA Class 6
 TBA Class 7

Summer Series

A.M.

10.45 Class 5 (Race 1- Race 2 TBA)
 11.00 Class 1
 11.05 Class 2
 11.10 Class 3
 11.15 Class 4
 11.20 Class 6
 11.25 Class 7

P.M.

14.00 Class 2
 14.05 Class 3
 14.10 Class 4
 14.15 Class 5
 14.20 Class 1
 14.25 Class 6
 14.30 Class 7

Autumn Series

A.M.

11.00 Class 2 & 3
 11.05 Class 1 & 4 & 5
 11.10 Class 6
 11.15 Class 7

P.M.

TBA Class 2 & 3
 TBA Class 1 & 4 & 5
 TBA Class 6
 TBA Class 7

Three Race Days

Race 1 day

10.40 Cruisers (1 race only)

Race 2 & Race 3 Times T.B.A. on the

11.00 Class 1 **(1 race only)**

11.05 Class 2 & 3 & 4 & 5

11.10 Class 6

7.0 Class Signals

Class signals from the International Code of signals will be:

Class 1 (Squibs)	R	
Class 2 (Asymmetric Catamarans)		B
Class 3 (Symmetric Catamarans)	A	
Class 4 (Fast Dinghies)		H
Class 5 (Slow Dinghies)	O	
Class 6 (Cadets & Toppers)		Y
Cruisers	F	
Oppies		Z

Club handicap races will use flag “2nd Sub”

8.0 Course Area

The course area is shown towards the end of this racing programme.

9.0 The Course

9.1 The course will be displayed on the course information board adjacent to the official notice board at least 20 minutes before the first start.

9.2 Number of Rounds

The number of rounds to be sailed will be displayed on the course information board or, for the committee boat starts a time limit will be displayed with the course.

9.3 Change of Course

The course may be changed before the start by displaying the appropriate postponement signal over IC flag "Q" and the class signal. The new course will be communicated to all competitors by displaying it on the course information board or committee boat after the lowering of the postponement signal.

10.0 Marks

Course marks are cylindrical or round orange or yellow buoys unless stated otherwise on the course information board. The 'A' mark is a yellow buoy.

11.0 Starts

11.1 Club Starting Line

This will be a line from the Club Flagstaff on the bridge through the triangle mark on the foreshore. The limit mark is Mark 'A' (and may not necessarily be on the starting line) and at the starting signal any boat to the North Side of the limit mark shall be deemed to be on the course side of the starting line and shall first pass to the South Side of the Limit Mark and be completely to the pre-start side of the line before starting.

11.2 Committee Boat Starting Line

A blue/orange flag will be displayed on the committee boat when it is on station. The starting line will be between the main mast of the committee boat and a buoy which may be a mark of the course. A further buoy may be laid a short distance from the committee boat but not necessarily on the line; yachts may not pass between this buoy and the committee boat at any time. If a manned boat is stationed a short distance beyond the

buoy at the end of the line, no yacht may pass between the boat and the buoy at any time.

11.3 Starting Procedure

The starting procedure from the bridge will be at 5 minute intervals or as notified on the notice board or published in the Programme. Committee boat starts will be a hooter warning signal at 6, gun at 5, hooter at 4, hooter at 1, gun at start.

12.0 Recalls

12.1 Individual Recalls

Individual recalls will be signalled using the class warning flag signal at "the dip". The flag will remain at the dip until the yacht has cleared itself or for four minutes whichever is the earlier. This alters RRS 29.1.

12.2 General Recalls

General recalls will be signalled in accordance with RRS 29.2 "First Substitute" flag . On a general recall, all other starts will be delayed until that race has started, **at the next gun the class flag and the blue peter** will be raised at the same time. All other races will then start at 5 minute intervals after that start.

13.0 Prohibited Area Penalties

After a General Recall at the discretion of the Race Officer, either of the following prohibited area penalties may be implemented:-

(a) "Round the Ends" - RRS Rule 30.1 shall apply when IC flag "I" is flown with the new preparatory signal.

(b) "Black Flag" Rule

The rule shall apply when a black flag is flown with the new preparatory signal. Yachts which race within the triangle formed by the starting line as defined in sailing instruction 30.3 and the first mark during the first minute before their starting signal shall immediately retire from that race and subsequent restarts and re-sails of that race. The start of the one minute period shall be signalled by lowering the black flag with a long sound signal.

14.0 Finishing

14.1 Committee Boat Finishing Line

The finishing line will be between the main mast of the finishing vessel and the nearby mark.

14.2 Club Finishing Line

This will be a straight line between the Flagstaff on the Bridge and the limit mark "A". Competitors should pull in their sails for identification purposes.

15.0 Shorten Courses

IC flag "S" (and 2 sound signals) indicates that the race will finish at the end of that leg still to be completed by the leading yacht, i.e. a line between a mark of the course and boat flying a blue flag or at the finishing line as defined in 32.2.

16.0 Time Limits

16.1 RRS 35 shall not apply.

16.2 For **morning** class races the leading yacht, must finish within 2.5 hours of the starting signal, or the race will be abandoned. Only those yachts finishing within 30 minutes of the leading yacht qualify as finishing.

16.3 For **afternoon** class races the leading yacht, must finish within 3 hours of the starting signal, or the race will be abandoned. Only those yachts finishing within 1 hour of the leading yacht qualify as finishing.

- 16.4** For **club handicap** races the leading yacht, must finish within 2.5 hours of the starting signal, or the race will be abandoned. Only those yachts finishing within 1.5 hours of the leading yacht qualify as finishing. The Two Island Race shall be designated a long distance race.
- 16.5** For **Squib long distance** races, **Cruiser races** and **Club designated long distance** races the leading yacht, must finish within 5 hours of the starting signal, or the race will be abandoned. Only those yachts finishing within 2.5 hours of the leading yacht qualify as finishing.
- 16.6** For **Saturday** racing the leading yacht, must finish within 2 hours of the starting signal, or the race will be abandoned. Only those yachts finishing within 1 hour of the leading yacht qualify as finishing.
- 16.7** For **Mid Week Series** racing the leading yacht must finish within 2 hours of the starting signal, or the race will be abandoned. Only those yachts finishing within 1 hour of the leading yacht qualify as finishing.
- 16.8** For **Polar Series** the leading yacht must finish within 1.5 hours of the starting signal or the race will be abandoned. Only those yachts finishing within 30 minutes of the leading yacht qualify as finishing.
- 16.9** For **back to back** racing the leading yacht must finish within 1.5 hours of the starting signal or the race will be abandoned. Only those yachts finishing within 30 minutes of the leading yacht qualify as finishing.

17.0 Protests

Protests should be submitted on the appropriate form (available from the clubhouse bridge) to the Race Officer within one hour of the finish of the protesting yachts.

18.0 Scoring System

18.1.1 Points awarded for each race will be 1 for the winner, 2 for second, 3 for third and so on.

18.1.2 A boat that retires, is a premature starter or does not finish will be awarded points equal to the number of starters in that race plus 1.

18.1.3 A disqualified boat will be awarded points equal to the number of starters in that race plus 2.

18.1.4 A boat that does not compete will be awarded points equal to the number of entrants for the series plus 3.

18.1.5 Ties When there is a tie in series points between two or more boats, the tie will be broken in

favour of the boat with the most first places, or, if the tie remains, the most second places, or

lower places if necessary, using only the scores for each boat that count for her series score.

When the tie still remains, it will be broken in favour of the boat with the best score in the last race in which the tied boats raced and scored differently.

18.2 Discards

18.2.1 For the **Spring & Summer** Handicap Series 50% of the total races sailed to count. If this includes a fraction the next whole number above will count

18.2.2 For the **Autumn** Handicap Series 75% of the total races sailed to count. If this includes a fraction the next whole number above will count

18.2.3 For **Polar** series and the **Mid Week** Series two-thirds of the total races sailed to count. If this includes a fraction the next whole number above will count

- 18.2.4** For **Saturday** racing If 6 races sailed – 4 to count, If 5 races sailed - 3 to count, 4 races sailed – 3 to count, If 3 races or less sailed - all to count.
- 18.2.5 Goldhanger Trophy** - If 4 sailed - 3 to count. If 3 sailed - 2 to count. If 2 sailed – all to count.
- 18.2.6** In a **two race series** both races count, in the event of a tie the second race decides.
- 18.2.7** In a **three race series** all races count, with prize giving at the end of each day.
- 18.2.8** In the **Helm/Crew** of the Year Series (** 4 chosen Handicap Races) – 3 out of 4 to count.
- 18.2.9 Cruiser Races** - If 6 Sailed – 4 to count, If 5 sailed - 4 to count, If 4 sailed – 3 to count, If 3 or less sailed – all to count.
- 18.2.10 Oppies** - 18 races 10 to count
- 18.3** The minimum number of starters to constitute a race shall be one, unless the individual classes decide otherwise. If only one boat of its class sails in the menagerie fleet then that boat will score a 1st place in its class points.
- 18.4** Class points races not completed on the scheduled date will not be re-sailed. Trophy races abandoned or postponed on the original date may be re-sailed on another date.
- 19.0 Alternative Penalties**
- 19.1 Touching a Mark**
A yacht shall exonerate herself in accordance with RRS 44.1/44.2 (One Turn)
- 19.2 Alternative penalties**
RRS 44.1/44.2 will apply for infringement of a rule of Part 2 of the RRS Rules (Two Turns).
- 20.0 Pursuit Races**
- 20.1** Pursuit Races will use an individual handicap system, with the slowest handicapped boats starting
First, unless otherwise advised.
- 20.2 Starting Procedure**
The starting procedure will be in accordance with sailing instruction 11.3
- 20.3 Recalls**
Individual and General Recalls will be in accordance with sailing instructions 12.1 and 12.2 respectively
- 20.4 Course and Finishing**
The course will be displayed on the course information board. Yachts should continue to sail around the course until flag 'S' is flown. The yacht will then finish the next time it passes through the finishing line as defined in sailing instruction 14.
- 21.0 Additional Rules for Sailboards for Trophy Races**
- 21.1** All competitors must have numbers affixed to their sails.
- 21.2** There will be two categories of Sailboards able to compete in Class and Club Handicap events –
Type A (Formula Windsurfing Rules) and Type B
- 21.3** Type A will have no centreboard or dagger board with unrestricted sail area.
- 21.4** Type B will have a centreboard or dagger board with sail area no larger than 7.5m square and boards will be no less than 3.5m in length.
- 22.0 Average Lap System**

If using average lap system the following should be applied.

- a) The laps should be short, ie. approximately 30 minutes per lap for medium speed boats, the course should not come through the “A” mark on the half lap (this to avoid confusion when finishing)
- b) The shortened course flag to be displayed approximately 90 minutes after the start of the race. If it is a three-race day, the shortened course flag to be displayed approximately 60 minutes after the start of the race.
- c) All boats must finish on the **same leg**, but may do more laps than others.
- d) All boats in the same class (see list below) **must do the same amount of laps**.
- e) All class flags to be used to enable the classes to know who is being shortened.

The following shows which boats are in which class.

CLASS 1

SQUIB

CLASS 2 ASYMMETRIC CATS

TORNADO
HURRICANE SX
HURRICANE 5.9
F18
A CLASS

CLASS 3 SYMMETRIC CATS

SHEARWATER
UNICORN
DART 18
HOBIE 14
HOBIE 16

CLASS 4 FAST DINGHIES

ISO
RS 400
RS 700
RS 800
MUSTO SKIFF
BOSS
LASER 4000
LASER 5000
49ER
29ER
470
505
JAVELIN
HORNET
RS 600
SAILBOARD

CLASS 5 SLOW DINGHIES

420
PHANTOM
SNIPE
G.P.14
WAYFARER
LASER
LASER 4.7
LASER RADIAL
LASER 2000
LASER 3000
LASER STRATOS
LEADER
RS 200
RS 300
RS VARIO
RS VISION

CLASS 6

CADET
TOPPER

CLASS 7

OPPIE

START TIMES
(Unless otherwise stated)

- Class 1 - Squibs**
- Class 2 - Asymmetric Catamarans**
- Class 3 - Symmetric Catamarans**
- Class 4 - Fast Dinghies**
- Class 5 - Slow Dinghies**
- Class 6 - Cadets & Toppers**
- Class 7 - Oppies**

Spring Series

A.M.

- 11.00 Class 2 & 3
- 11.05 Class 1 & 4 & 5
- 11.10 Class 6
- 11.15 Class 7

P.M.

- TBA Class 2 & 3
- TBA Class 1 & 4 & 5
- TBA Class 6
- TBA Class 7

Summer Series

A.M.

- 10.45 Class 5 (Race 1-Race 2 TBA)
- 11.00 Class 1
- 11.05 Class 2
- 11.10 Class 3
- 11.15 Class 4
- 11.20 Class 6

- 11.25 Class 7

P.M.

- 14.00 Class 2
- 14.05 Class 3
- 14.10 Class 4
- 14.15 Class 5
- 14.20 Class 1
- 14.25 Class 6

- 14.30 Class 7

Autumn Series

A.M.

- 11.00 Class 2 & 3
- 11.05 Class 1 & 4 & 5
- 11.10 Class 6
- 11.15 Class 7

P.M.

- TBA Class 2 & 3
- TBA Class 1 & 4 & 5
- TBA Class 6
- TBA Class 7

Three Race Days

Race 1
on the day

Race 2 & Race 3 Times T.B.A.

- 10.40 Cruisers **(1 race only)**
- 11.00 Class 1 **(1 race only)**
- 11.05 Class 2 & 3 & 4 & 5
- 11.10 Class 6

Class Signals

Class signals from the International Code of signals will be:

Class 1 (Squibs)

R

Class 2 (Asymmetric Catamarans)		B
Class 3 (Symmetric Catamarans) A		
Class 4 (Fast Dinghies)		H
Class 5 (Slow Dinghies)	O	
Class 6 (Cadets & Toppers)		Y
Cruisers	F	
Oppies		Z

Club handicap races will use flag “2nd Sub”